



**SHREWSBURY SQUASH & RACKETBALL CLUB
SUNDORNE CASTLE, UFFINGTON, SHREWSBURY. SY4 4RR**

UPDATED TERMS OF USE

Wednesday, 20 September 2023

**A GUIDE ON THE PROTOCOLS NECESSARY WHEN OCCUPYING
THE CLUBHOUSE & ACTIVITY SPACE.**

SENSIBLE DO'S AND DON'TS

Respect the facilities and treat them with care

DO read the fire safety notices and note the location of the Fire Exits

DON'T block the Fire Exits internally or externally.

DO note the location of the Defibrillator and first aid box.

DON'T wear any outdoor footwear or shoes with high or any heels on all Courts and Activity Space.

DO wear non marking exercise footwear on all Courts and Activity Space

Ball games are NOT ALLOWED in the Activity Space.

ONLY use PAT tested Electrical equipment

DO exercise proper safety measures in respect of loose cables and wires.

Please leave the kitchenette and all worktops clean, dry and tidy.

DO use the waste bins provided and clear up after your event.

DO ensure that all lights are turned off when you are leaving the building at whatever time of day or evening.

PLEASE NOTE

The Organiser or leader of each Activity may be issued with a returnable access fob and is expected to hold appropriate insurance and to be responsible for the general conduct and behaviour of participants in the Activities.

Please pay particular regard to the **DO's AND DON'TS** before the event and plan accordingly.

SAFEGUARDING

The Organiser or leader of each Activity is expected to be familiar with and comply with current legislation for the supervision, care and safeguarding of Children whilst on the premises.

PLEASE NOTE THE RELATED PROTOCOLS ::

Members may book Squash Courts for Table Tennis, Squash and/or Racketball on the Club "My Courts" system.

The Club Activity Space may only be booked by current system administrators
Lorna Rogers; Graham Jackson; Cyril Nolan; Lee Picken; Laura Mather; Pete Morgans.

The Club Activity Space may NOT be accessed directly by means of the Fire Escape door but by means of the Club Main Entrance door in order to underwrite and ensure members safety and maintain building security.

Group User rates

Activity Space :- £3.75 - 15 minutes; £7.50 - 30 minutes; £15 - 60 min.

Squash Courts :- £6 - 40 minutes; £3 - 40 minutes for Coaching; £4 - 40 minutes training.

Invoices will be issued for Group Activities on a monthly basis.

One to One User sessions - to be agreed with Administrators on the "MyCourts" system.

The initial 2019 agreement whereby it was agreed that the Club Activity Space could be used during the day by Ryan Heath for his Rapidz Fitness activities in exchange for cleaning services has been rendered inoperable by Ryan's changed employment circumstance.

Therefore the Club Activity Space is now available for daily use from 0800 to 1730 hours and evenings from 1730 to 2200 hours strictly on a hiring basis which will still enable Ryan to run classes such as limited Personal Training, Metafit and Body Conditioning etc.

Invoices will be issued for One to One User sessions on a monthly basis.

It is essential that some form of control is exercised in respect of booking sessions in the Club Activity Space in order to maximise its use for wider daytime use and, in order to avoid duplication and confusion, bookings for the Activity Space are to be made through Lorna Rogers, Graham Jackson or Lee Picken.

It is not recommended that the initial proposal to expect participants in Ryan's evening sessions to pay their fees on the Club Sum up machine be instituted.

Graham S Jackson.

20th September draft for One to One User sessions 2nd October Ctte Meeting.